## Allergen Report

Generated: 12/11/2024

Menu: Robert Le Kyng - Week 1



✓ Contains Allergen ? May Contain Allergen ! Missing Allergen Information 🥒 Vegetarian 🗸 Vegan 🖐 Modifier

| Main Meals                               |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |         |           |
|--|----|-----------------|----------------|--------------|--------------------------|---------------|---------|------------|---------|----------------|------------|----------------|-------------|-------------|---------|-----------|------------|------|------|-------------|----------|------------------------|--------------|------|---------------------|-------|---------|-----------|
|  | Re | Gluten (Barley) | Gluten (Wheat) | Gluten (Rye) | Cereal Containing Gluten | Gluten (Oats) | Peanuts | Other Nuts | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Cashew Nuts | Brazil Nuts | Almonds | Tree Nuts | Hazel Nuts | Eggs | Fish | Crustaceans | Molluscs | Soya and Soya Products | Sesame Seeds | Milk | Celery and Celeriac | Lupin | Mustard | Samplines |
| Ham & Cheese Pizza                       |    |                 | ~              |              | ~                        |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              | ~    | ?                   |       |         |           |
| Chinese Chicken Curry (DF)               |    |                 | ~              |              | ~                        |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       | ~       |           |
| Roast Turkey                             |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |         |           |
| Macaroni Cheese Topped with Crispy Bacon |    |                 | ~              |              | ~                        |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          | ?                      |              | ~    |                     |       |         |           |
| Fish Fingers KS1                         |    |                 | ~              |              | ~                        |               |         |            |         |                |            |                |             |             |         |           |            |      | ~    |             |          |                        |              |      |                     |       |         |           |
| Fish Fingers KS2                         |    |                 | ~              |              | ~                        |               |         |            |         |                |            |                |             |             |         |           |            |      | ~    |             |          |                        |              |      |                     |       |         |           |

## Vegetarian Meals

|                           | Re | Gluten (Barley) | Gluten (Wheat) | Gluten (Rye) | Cereal Containing Gluten | Gluten (Oats) | Peanuts | Other Nuts | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Cashew Nuts | Brazil Nuts | Almonds | Tree Nuts | Hazel Nuts | Eggs     | Fish | Crustaceans | Molluscs | Soya and Soya Products | Sesame Seeds | Milk     | Celery and Celeriac | Lupin | Mustard | Sulphites |
|---------------------------|----|-----------------|----------------|--------------|--------------------------|---------------|---------|------------|---------|----------------|------------|----------------|-------------|-------------|---------|-----------|------------|----------|------|-------------|----------|------------------------|--------------|----------|---------------------|-------|---------|-----------|
| Cheese & Tomato Pizza 🥭   |    |                 | ~              |              | ~                        |               |         |            |         |                |            |                |             |             |         |           |            |          |      |             |          |                        |              | <b>~</b> |                     |       |         |           |
| Vegetable Stir Fry (VG) 🗸 |    |                 | <b>~</b>       |              | ~                        |               |         |            |         |                |            |                |             |             |         |           |            |          |      |             |          | ~                      |              |          |                     |       |         |           |
| Roast Quorn 🥭             |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            | <b>~</b> |      |             |          |                        |              | <b>~</b> |                     |       |         |           |
| Macaroni Cheese 🕖         |    |                 | ~              |              | ~                        |               |         |            |         |                |            |                |             |             |         |           |            |          |      |             |          | ?                      |              | ~        |                     |       |         |           |
| Cheese & Tomato Pinwheel  |    |                 | ~              |              | <b>~</b>                 |               |         |            |         |                |            |                |             |             |         |           |            | ~        |      |             |          |                        |              | ~        |                     |       |         |           |

|                                    | Re | Gluten (Barley) | Gluten (Wheat) | Gluten (Rye) | Cereal Containing Gluten | Gluten (Oats) | Peanuts | Other Nuts | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Cashew Nuts | Brazil Nuts | Almonds | Tree Nuts | Hazel Nuts | Eggs | Fish | Crustaceans | Molluscs | Soya and Soya Products | Sesame Seeds | Milk | Celery and Celeriac | Lupin | Mustard | Sulphites |
|------------------------------------|----|-----------------|----------------|--------------|--------------------------|---------------|---------|------------|---------|----------------|------------|----------------|-------------|-------------|---------|-----------|------------|------|------|-------------|----------|------------------------|--------------|------|---------------------|-------|---------|-----------|
| Chips (VG) 💋                       |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |         |           |
| Rice - Primary (VG) Ø              |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |         |           |
| Roast Potatoes (VG) Ø              |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |         | ~         |
| Garlic Bread / Garlic Slice 🥭      |    |                 | ~              |              | ~                        |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        | ?            | ?    |                     |       |         |           |
| Seasoned Potato Wedges (VG) Ø      |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |         |           |
| Peas (VG) Ø                        |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |         |           |
| Naan Bread (VG) 💋                  |    |                 | ~              |              | ~                        |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |         |           |
| Baby Carrots (half portion) (VG) Ø |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |         |           |
| Baked Beans (VG) Ø                 |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |         |           |
| Broccoli (half portion) (VG)       |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |         |           |
| Gravy (VG) 💋                       |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |         |           |

## Third Option

|   | Re | Gluten (Barley) | Gluten (Wheat) | Gluten (Rye) | Cereal Containing Gluten | Gluten (Oats) | Peanuts | Other Nuts | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Cashew Nuts | Brazil Nuts | Almonds | Tree Nuts | Hazel Nuts | Eggs | Fish | Crustaceans | Molluscs | Soya and Soya Products | Sesame Seeds | Milk | Celery and Celeriac | Lupin | Mustard  | Sulphites |
|---|----|-----------------|----------------|--------------|--------------------------|---------------|---------|------------|---------|----------------|------------|----------------|-------------|-------------|---------|-----------|------------|------|------|-------------|----------|------------------------|--------------|------|---------------------|-------|----------|-----------|
| Jacket Potato (VG/GF/DF)                        |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |          |           |
| Jacket Potato Grated Cheese Topping             |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              | ~    |                     |       |          |           |
| Jacket Potato Grated Cheese Topping (VG/GF/DF)  |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |          |           |
| Jacket Potato Baked Beans<br>Topping (VG/GF/DF) |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |          |           |
| Jacket Potato Tuna Mayo<br>Topping              |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            | ~    | ~    |             |          |                        |              |      |                     |       | <b>~</b> |           |
| Side Salad (VG/GF/DF) 💋                         |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |          |           |

## Desserts

|                            | Re | Gluten (Barley) | Gluten (Wheat) | Gluten (Rye) | Cereal Containing Gluten | Gluten (Oats) | Peanuts | Other Nuts | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Cashew Nuts | Brazil Nuts | Almonds | Tree Nuts | Hazel Nuts | Eggs | Fish | Crustaceans | Molluscs | Soya and Soya Products | Sesame Seeds | Milk | Celery and Celeriac | Lupin | Mustard | Sulphites |
|----------------------------|----|-----------------|----------------|--------------|--------------------------|---------------|---------|------------|---------|----------------|------------|----------------|-------------|-------------|---------|-----------|------------|------|------|-------------|----------|------------------------|--------------|------|---------------------|-------|---------|-----------|
| Chocolate Shortbread (VG)  |    |                 | ~              |              | ~                        |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          | ?                      |              |      |                     |       |         |           |
| Orange (VG) Ø              |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |         |           |
| Strawberry / Fruity Mousse |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              | ~    |                     |       |         |           |
| Banana Cake 🥭              |    |                 | ~              |              | ~                        |               |         |            |         |                |            |                |             |             |         |           |            | ~    |      |             |          |                        |              |      |                     |       |         |           |
| Toffee Sauce <i>₹</i>      |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              | ~    |                     |       |         |           |
| Fruit Salad (VG) 💋         |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              |      |                     |       |         | ~         |
| Coombs Ice Cream Factory   |    |                 |                |              |                          |               |         |            |         |                |            |                |             |             |         |           |            |      |      |             |          |                        |              | ~    |                     |       |         |           |