Allergen Report

Generated: 12/11/2024

Menu: Robert Le Kyng - Week 3



✓ Contains Allergen ? May Contain Allergen ! Missing Allergen Information 🥒 Vegetarian 🗸 Vegan 👑 Modifier

| Main Meals | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------------------|----|-----------------|----------------|--------------|--------------------------|---------------|---------|------------|---------|----------------|------------|----------------|-------------|-------------|---------|-----------|------------|------|------|-------------|----------|------------------------|--------------|------|---------------------|-------|---------|-----------|
| | Re | Gluten (Barley) | Gluten (Wheat) | Gluten (Rye) | Cereal Containing Gluten | Gluten (Oats) | Peanuts | Other Nuts | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Cashew Nuts | Brazil Nuts | Almonds | Tree Nuts | Hazel Nuts | Eggs | Fish | Crustaceans | Molluscs | Soya and Soya Products | Sesame Seeds | Milk | Celery and Celeriac | Lupin | Mustard | Sulphites |
| Chicken Nuggets | | | ~ | | ~ | | | | | | | | | | | | | | | | | | | | ~ | | | |
| Beef Bolognese - Spaghetti | | | ~ | | ~ | | | | | | | | | | | | | | | | | | | | ~ | | | |
| Toad in the Hole | | | ~ | | ~ | | | | | | | | | | | | | ~ | | | | ~ | | ~ | | | | ~ |
| Spicy Beef Pizza | | | ~ | | ~ | | | | | | | | | | | | | | | | | | | ~ | | | | |
| Fish Stars | П | | ~ | | ~ | | | | | | | | | | | | | | ~ | | | | | | | | | |

Vegetarian Meals

| | Re | Gluten (Barley) | Gluten (Wheat) | Gluten (Rye) | Cereal Containing Gluten | Gluten (Oats) | Peanuts | Other Nuts | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Cashew Nuts | Brazil Nuts | Almonds | Tree Nuts | Hazel Nuts | Eggs | Fish | Crustaceans | Molluscs | Soya and Soya Products | Sesame Seeds | Milk | Celery and Celeriac | Lupin | Mustard | Sulphites |
|--|----|-----------------|----------------|--------------|--------------------------|---------------|---------|------------|---------|----------------|------------|----------------|-------------|-------------|---------|-----------|------------|------|------|-------------|----------|------------------------|--------------|------|---------------------|-------|---------|-----------|
| Vegetable Nuggets KS1 (VG) | | | ~ | | ~ | | | | | | | | | | | | | | | | | | | | | | | |
| Vegetable Nuggets KS2 (VG) | | | ~ | | ~ | | | | | | | | | | | | | | | | | | | | | | | |
| Vegetarian Bolognese - Spaghetti (VG) Ø | | ~ | ~ | | ~ | | | | | | | | | | | | | | | | | ~ | | | ~ | | | |
| Vegetarian Toad in the Hole | | | ~ | | ~ | | | | | | | | | | | | | ~ | | | | ~ | | ~ | | | | |
| Cheese & Tomato Pizza 🥭 | | | ~ | | ~ | | | | | | | | | | | | | | | | | | | ~ | | | | |
| Cheese & Onion Lattice 🥭 | | | ~ | | ~ | | | | | | | | | | | | | ? | | | | ? | | ~ | | | ? | |

| | Re | Gluten (Barley) | Gluten (Wheat) | Gluten (Rye) | Cereal Containing Gluten | Gluten (Oats) | Peanuts | Other Nuts | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Cashew Nuts | Brazil Nuts | Almonds | Tree Nuts | Hazel Nuts | Eggs | Fish | Crustaceans | Molluscs | Soya and Soya Products | Sesame Seeds | Milk | Celery and Celeriac | Lupin | Mustard | Sulphites |
|-------------------------------|----|-----------------|----------------|--------------|--------------------------|---------------|---------|------------|---------|----------------|------------|----------------|-------------|-------------|---------|-----------|------------|------|------|-------------|----------|------------------------|--------------|------|---------------------|-------|---------|-----------|
| Mashed Potatoes (VG) Ø | | | | | | | | | | | | | | | | | | | | | | | | | | | | ~ |
| Chips (VG) Ø | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Broccoli (half portion) (VG) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Baked Beans (VG) Ø | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Carrots (half portion) (VG) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Gravy (VG) Ø | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Garlic Bread / Garlic Slice | | | ~ | | ~ | | | | | | | | | | | | | | | | | | ? | ? | | | | |
| Seasoned Potato Wedges (VG) Ø | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Peas (VG) Ø | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Corn on the Cob (VG) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Spaghetti Hoops (VG) Ø | | | ~ | | ~ | | | | | | | | | | | | | | | | | | | | | | | |

Third Option

| | Re | Gluten (Barley) | Gluten (Wheat) | Gluten (Rye) | Cereal Containing Gluten | Gluten (Oats) | Peanuts | Other Nuts | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Cashew Nuts | Brazil Nuts | Almonds | Tree Nuts | Hazel Nuts | Eggs | Fish | Crustaceans | Molluscs | Soya and Soya Products | Sesame Seeds | Milk | Celery and Celeriac | Lupin | Mustard | Sulphites |
|---|----|-----------------|----------------|--------------|--------------------------|---------------|---------|------------|---------|----------------|------------|----------------|-------------|-------------|---------|-----------|------------|------|------|-------------|----------|------------------------|--------------|------|---------------------|-------|----------|-----------|
| Jacket Potato (VG/GF/DF) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Jacket Potato Grated Cheese Topping | | | | | | | | | | | | | | | | | | | | | | | | ~ | | | | |
| Jacket Potato Grated Cheese Topping (VG/GF/DF) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Jacket Potato Baked Beans Topping (VG/GF/DF) | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Jacket Potato Tuna Mayo Topping | | | | | | | | | | | | | | | | | | ~ | ~ | | | | | | | | ~ | |
| Side Salad (VG/GF/DF) 💋 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Desserts

| | Re | Gluten (Barley) | Gluten (Wheat) | Gluten (Rye) | Cereal Containing Gluten | Gluten (Oats) | Peanuts | Other Nuts | Walnuts | Pistachio Nuts | Pecan Nuts | Macadamia Nuts | Cashew Nuts | Brazil Nuts | Almonds | Tree Nuts | Hazel Nuts | Eggs | Fish | Crustaceans | Molluscs | Soya and Soya Products | Sesame Seeds | Milk | Celery and Celeriac | Lupin | Mustard | Sulphites |
|----------------------------|----|-----------------|----------------|--------------|--------------------------|---------------|---------|------------|---------|----------------|------------|----------------|-------------|-------------|---------|-----------|------------|------|------|-------------|----------|------------------------|--------------|------|---------------------|-------|---------|-----------|
| Raspberry Oat Slice (VG) Ø | | ? | ~ | | ~ | ~ | | | | | | | | | | | | | | | | ? | | | | | | |
| Strawberry Jelly (VG) Ø | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Chocolate & Pear Traybake | | | ~ | | ~ | | | | | | | | | | | | | ~ | | | | | | | | | | |
| Custard 🥒 | | | | | | | | | | | | | | | | | | | | | | | | ~ | | | | |
| Lemon Drizzle Cake 🥭 | | | ~ | | ~ | | | | | | | | | | | | | ~ | | | | | | | | | | ~ |
| Vanilla Ice Cream Sundae | | | | | | | | | | | | | | | | | | | | | | | | ~ | | | | |